

## Vastu Course Syllabus

- Introduction of Vastushastra
- Definition of Vastu
- Importance of Vastu
- Scientific Explanation about Vastushastra
- Role of Vastushastra in today's life

### Overview of the history of Vastushastra its origins to present with reference to vedic Vastushastra

- Skandpuran
- Agnipuran
- Vayupuran
- Gurudpuran
- Mastya puran

### Development of vastu from mythological age to modern age

- Changes of vastu from old places, temples, residential and old wada concepts
- To modern luxurious flats, bungalows and commercial multiplexes.
- Vastu purush and his importance in Vastushastra

### Principles of Vastushastra

- Learn how the five elements: earth (geomagnetic energy), water(gravitational energy), fire(solar energy), air (wind energy) and space(cosmic energy)influence the environment and people.
- Arrangement of man-made environments aligned with the forces of nature.
- How to directionally balance the five elements to achieve harmonious living.
- Detailed definition with reference to basic elements.
- Effects on magnetic field.

- Acoustics and its effects on human being
- Definition with reference to subtle elements.( Sound Frequencies, Cosmic Frequencies, Radio Frequencies)
- Importance of directions and its scientific applications to modern interior concepts.
- Importance of Vastu in selection of size and shapes of open plots, residential, commercial and industrial places.
- Details placements of residential and commercial units starting from land selection, entrance, planning correct placements of various rooms like study rooms, living rooms, kitchen, bed room dining rooms, W.C. bath rooms, store rooms, land Scaping.
- Positive and negative effects of placements according to the energy field.

### Site Selection

- Assessment of specific environmental elements to determine beneficial influences
- Building orientation
  - How to determine proper setbacks and boundary dimensions based on specific astrological influences to energetically balance site and clients.
- Earth acupuncture
- The physiological and emotional effects of geopathic stress.
- Learn dowsing techniques to locate and neutralize geopathic stress zones.
- Landscape design
  - How the placement of specific plants can affect our lives.

### Building design:

- Learn placement of rooms and interior elements based on planetary influences using the blueprint of the Vastu Pursha mandala.
- Calculating beneficial building and property dimensions in accordance with client's astrological influences.
- Construction sequencing – specific guidelines from groundbreaking to completion.

### Effects of Vastu on human being:

- Glands

- Chakras( Energy Receiving Centers of body)
- Bioenergy field
- Human Aura Concepts

#### Scientific Remedial Vastu:

- Rectification with co-ordination of vastu with modern interior designing and planning concepts.
- Rectification with corrective majors for defective vastu which includes no dismantling and structural alterations and by other cost effective means like.
- Rectification with Crystal Therapy.
- Rectification with colors Therapy.
- Rectification with Vastu Yantras.
- Rectification with use and effects of Pyramids in Vastu.
- Rectification with Tree plantations for positive energy creation.
- Rectification with Music.
- Rectification with alternative therapy science like Pranic Healing, Reiki Healing etc.
- Rectification with balancing the electromagnetic field.
- Rectification with changing the placements of Furniture.
- Rectification with natural resources.
- Rectification with balancing of Geopathic Stress Management.
- Conclusion part with stress on the role of vastu in modern life and its easy and effective applications to make life better and successful.

#### Practical Tanning Program as per the professional view:

- During this training you will learn
  - Practical site training for Residential, Commercial & Industrial Vastu.
  - Review techniques for exterior, interior and office corrections.
  - Broaden your knowledge of the theory of Vastu corrections.
  - Fine-tune your understanding of dowsing for eliminating geopathic stress and correcting imbalances.
  - Review the Vastu space cleaning ceremony and receive additional hands-on techniques for prosperity and health.

- Receive additional mantras and techniques to infuse homes and offices with balance.
  - Strengthen your ability to assess property deficiencies.
  - Assess survey processes and the how-to carry on site plan drawings.
  - Receive software application for Vastu analysis and reporting using a variety of home and office examples (For affiliates only)
  - Qualities of the Eight Directions.
  - Planetary Influences
  - Eleven type of Vastu Corrections – structural, behavioral, function, furnishings, 5 elements, color, mirror, plants, pictures, tools, virtual.
  - Exterior Vastu Corrections.
  - Interior Vastu Corrections.
  - Office Corrections.
  - Placement of Yantras.
  - Correcting Geopathic Stress.
  - Environmental space cleaning & altars.
  - Ayurveda – Vastu & Health.
  - Jyotish – Vastu & Health.
  - Surveying a property.
  - Learn principles and practices for running a successful Vastu consulting business (fir affiliates only)
  - **A part from this we will also promote the Students to get afflicted as authorized Vastu Practitioners for the Om Counselling Centre – Pune & All Over India.**
- **Note: - For further studies regarding Phd in Vastushastra, contact below no. – 020-2453 9999, 020-2453 6666, 020-6605 8352.**

**Dr. Nirmal Shah (PhD in Vastushastra, MBA in Marketing, B.E. (Civil)**

**Om Counselling Centre, Indulal Complex, Opp. Rupee Bank, Beside Kaka Halwai Sweets Shop, L. B. S. Road, Navi Peth, Pune - 411030. Maharashtra, India.**